

# Real Love

By Greg Baer

# Directed by an angel

- **In 2015 I was meeting with the Spanish Fork fellowship. On Tuesday July 21<sup>st</sup>, Jerry Whiting gave me a book, “Real Love.” He said that an angel told him to give it to me. He had never even heard of the book. He mentioned the book while talking with Cindy McDonald. She had a copy. So she loaned it to him and he gave it to me. I quickly ordered my own copy.**
- **It is written by Greg Baer.**

# Who is Greg Baer?

- **Greg's brother tells us:**
  - **I know him pretty well. He was a "Wunderkin" of a student, skipping a grade at Wiley High School in Terre Haute, Indiana and still managing to end up valedictorian of his class. He served a mission for the Mormon Church in Samoa, came back and graduated a year early from Brigham Young University and then went on to medical school. He worked a stint "doctoring" for the U.S. Navy and then landed his own ophthalmology practice in Rome, Georgia where he enjoyed the fruits of his labors. ... He could afford to do whatever he wanted. Plus, he only worked three weeks out of a month.**

# Who is Greg Baer?

- **Greg's brother tells us:**
  - **It's also what landed him in his own backyard one night full of despair, addictions, and a loaded pistol to his head. Fortunately, he didn't pull the trigger. He told me, "I used my mind more and more and controlled the world around me. I had exercised my mind, my power, and my will 100 percent, but I was still empty and hollow."**
  - **At some point the successful doctor understood there was no way he was going to be happy with the way he was approaching life.**
  - **He found others that were also lost and together they worked out the principles of "Real Love."**

# What is REAL LOVE?

- ***Real Love is caring about the happiness of another person without any thought for what we might get for ourselves.***
- **When we give Real Love, we're not disappointed, hurt, or angry, even when people are thoughtless or inconsiderate or give us nothing in return—including gratitude-- because our concern is for *their* happiness, not our own.**
- **It's Real Love when other people care about our happiness without any concern for themselves. They're not disappointed or angry when we make foolish mistakes, when we don't do what they want, or even when we inconvenience them personally.**

# Our Experiences

- **Sadly, few of us have either given or received that kind of love, and without it we experience a terrible void in our lives, which we try to fill with money, power, food, approval, sex, and entertainment. But no matter how much of those substitutes we acquire, we remain empty, alone, afraid, and angry, because the one thing we really need is Real Love. Without it we can only be miserable; with it, our happiness is guaranteed.**

# True Happiness

- **True Happiness is our entire reason to live, and that kind of happiness can only be obtained as we find Real Love and share it with others. *With Real Love, nothing else matters; without it nothing else is enough.***
- **When someone is genuinely concerned about our happiness, we do feel a strong connection to that person. We feel included in his or her life, and in that instant we are no longer alone. Each moment of unconditional acceptance creates a living thread to the person who accepts us, and these threads weave a powerful bond that fills us with a genuine and lasting happiness.**

# The Purpose of Our Life

- **What if the purpose of our lives is to learn to give Real Love to all the people we know? How might that change how we view other people and how we interact with them. Can we give Real Love without getting Real Love in return? Wouldn't this embody what it means to truly follow Christ?**
- **Nothing but Real Love can do that. When we know that even one person loves us unconditionally, we feel a connection to everyone else. We feel included in the family of all mankind, of which that one person is a part.**



# What is Real Love? - Top Ten

- 1 – What's in it for you?
- 2 – Why Did We Not Get Enough Real Love?
- 3 – What Is Imitation Love?
- 4 – Why Do Relationships Start Off Great and Then Fall Apart?
- 5 – How Can I Keep My Relationship Together?
- 6 – Why So Much Anger?
- 7 – How Do I Find Real Love?
- 8 – How Do I Get My Partner To Change?
- 9 – How Do I Deal With Angry People?
- 10 – If I Love You, Do I Have To Be Your Doormat?

# Real Love Videos by Greg Baer

- **Facebook Channel – The Real Love Company**
- **What Is Real Love - 2.5 min**
- **Eliminate FEAR To Learn Who You Are - 2 Min**
- **10 Tips for Attracting Real Love into Your Life - 32 Min**
- **Building A Bridge - 3 Min**
- **Eliminate FEAR To Learn Who You Are - 2 Min**
- **Leaving A Toxic Relationship Is A Choice You Can Make - 5.5 Min**
- **10 Basic Parenting Tips for Raising Confident, Cooperative, and Creative Children – 12 Min**
- **It's All About The Parents - 1 Min**
- **Greg Baer With Cybill Shepherd - 3.5 min**
- **Real Love with Dr. Greg Baer – 1 hr. 20 min**

# Additional Resources

- The Ultimate Guide to A MARRIAGE YOU WILL LOVE
- 5 Easy Ways to Tell the Truth About Your Mistakes
- Real Love – Master Index